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SUB AQUA DIVING



The facts



Who's most at risk?

- Young intermediate divers, predominantly men aged 18–30**
- Most have little experience of diving in the UK and don't take necessary safety precautions.
- Older and more experienced divers, predominantly men over 50**
- They're very experienced divers, but they're at risk from non-diving related medical problems due to the physical pressures of diving.

SUB AQUA DIVING



Fatality risk rating: Very High

The situation

We're working with partners to develop a campaign around the different risks for younger less experienced divers and mature divers. We're also helping to develop a UK Diver Sea Survival course for younger intermediate divers.

BSAC analysed 70% of UK fatalities 1998–2009. We found that many could have been avoided through improved dive preparation, monitoring throughout the dive and personal diving skills. The report from BSAC states 38 fatalities were likely due to non-diving-related medical problems⁷.

How to stay safe

- Less experienced divers should undertake a UK orientation before diving in the UK for the first time.
- Experienced or mature divers should get regular health checks and make a realistic assessment of personal fitness to dive, even if this is just before entering the water.

Find out more

RNLI.org/RespectTheWater
BSAC.com | PADI.com